10 Measures To Prevent Sudden Cardiac Death (SCD)

A new report released by the ACC and the American Heart Association presents 10 quality and performance measures that are intended to help stakeholders – including health systems, legislative bodies, and nongovernmental organizations, as well as health care practitioners, patients, families and communities – in the effort to prevent sudden cardiac death (SCD). The joint report was published Dec. 19 in the Journal of the American College of Cardiology and Circulation: Cardiovascular Quality and Outcome - See more at: http://www.acc.org/latest-in-cardiology/articles/2016/12/16/12/38/mon-2pm-10-measures-released-for-preventing-scd#sthash.Nw3NpSIP.dpuf

The 10 quality and performance measures are:

- **Smoking cessation intervention in patients who suffered sudden cardiac arrest, have a life-threatening ventricular arrhythmia, or are at risk for SCD**
- **Screening for family history of SCD**
- **Screening for asymptomatic left ventricular dysfunction among individuals who have a strong family history of cardiomyopathy and SCD**
- **Referring for CPR and AED education those family members of patients who are hospitalized with known heart conditions that increase the risk of sudden cardiac arrest**
- **Use of implantable cardioverter defibrillators (ICDs) for prevention of SCD in patients with heart failure and reduced ejection fraction who have an anticipated survival of more than one year**
- **Use of guideline-directed medical therapy for prevention of SCD in patients with heart failure and reduced ejection fraction**
- **Use of guideline-directed medical therapy for prevention of SCD in patients with heart attack and reduced ejection fraction**
- **Documenting the absence of reversible causes of ventricular tachycardia/ventricular fibrillation cardiac arrest and/or sustained ventricular tachycardia before a secondary-prevention ICD is placed**
- **Counseling eligible patients about an ICD**
- **Counseling first-degree relatives of survivors of sudden cardiac arrest associated with an inheritable condition about the need for screening for the inheritable condition**

See more at: http://www.acc.org/latest-in-cardiology/articles/2016/12/16/12/38/mon-2pm-10-measures-released-for-preventing-scd#sthash.Nw3NpSIP.dpuf