IDF DIABETES ATLAS

Sixth edition

SOUTH AND CENTRAL AMERICA AT A GLANCE

	2013	2035
Adult population (20-79 years, millions)	301	394
Diabetes (20•79 years)		
Regional prevalence (%)	8.0	9.8
Comparative prevalence (%)	8.2	8.2
Number of people with diabetes (millions)	24.1	38.5
IGT (20•79 years)		
Regional prevalence (%)	7.4	6.5
Comparative prevalence (%)	7.5	5.7
Number of people with IGT (millions)	22.4	25.5
Type 1 diabetes (0•14 years)		
Number of children with type 1 diabetes (thousands)	45.6	•
Number of newly diagnosed cases per year (thousands)	7.3	•

Diabetes is a **huge and growing problem,** and the costs to society are **high and escalating.**

In South and Central America, the number of people with **diabetes will increase by 60%** by 2035.

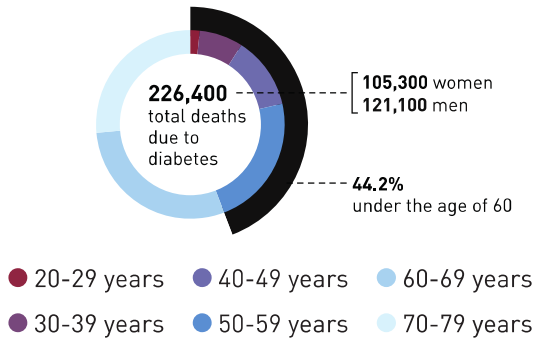
Top 5 countries for number of people with diabetes (20-79 years), 2013

	Countries/territories	Millions
1	Brazil	11.9
2	Colombia	2.1
3	Argentina	1.6
4	Chile	1.2
5	Venezuela (Bolivarian Rep. of)	1.2

Top 5 countries for prevalence* (%) of diabetes (20-79 years), 2013

	Countries/territories	%
1	Puerto Rico	12.98
2	Nicaragua	12.45
3	Dominican Republic	11.35
4	Guatemala	10.87
5	El Salvador	10.5

Deaths due to diabetes by age



International Diabetes Federation
South and Central America

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Country/territory	Adult Population (20-79) in 1000s	Diabetes cases (20-79) in 1000s	National prevalence (%)	Comparative prevalence (%)	Diabetes related deaths (20-79)	Incidence type 1 diabetes (0-14) per 100,000	Mean diabetes-related expenditure per person with diabetes (USD)	IGT cases (20-79) in 1000s	IGT national prevalence (%)	IGT comparative prevalence (%)
Argentina	26,894.20	1,607.80	5.98	5.67	15,327.59	6.80	1,174.03	2,342.64	8.71	8.48
Bolivia (Plurinational State of)	5,743.72	361.09	6.29	7.28	5,259.62	•	184.69	412.94	7.19	7.86
Brazil	131,959.75	11,933.58	9.04	9.19	124,687.17	10.40	1,477.38	8,151.57	6.18	6.20
Chile	12,098.93	1,253.96	10.36	9.50	8,473.38	6.20	1,320.03	1,081.78	8.94	8.49
Colombia	29,989.29	2,135.38	7.12	7.27	15,373.10	1.30	606.41	2,506.44	8.36	8.48
Costa Rica	3,227.93	218.81	6.78	7.08	1,376.26	•	1,290.24	270.58	8.38	8.50
Cuba	8,361.73	814.46	9.74*	8.10	6,770.26	2.30	686.07	801.04	9.58	8.51
Dominican Republic	6,123.91	652.87	10.66	11.35	7,175.10	0.50	409.84	499.84	8.16	8.50
Ecuador	9,336.56	530.13	5.68	5.91	4,538.99	•	476.34	760.58	8.15	8.50
El Salvador	3,597.82	338.77	9.42*	10.50	3,480.58	•	351.06	280.40	7.79	8.46
French Guiana	143.66	11.03	7.68*	8.12	•	•	•	12.07	8.40	8.49
Guatemala	7,369.56	661.05	8.97	10.87	7,997.34	•	336.33	541.90	7.35	8.47
Honduras	4,278.03	268.81	6.28	7.74	2,625.22	•	198.41	316.51	7.40	8.49
Nicaragua	3,358.99	344.31	10.25	12.45	3,308.00	•	155.49	394.05	11.73	12.89
Panama	2,366.85	186.27	7.87*	8.11	1,358.53	•	982.38	198.82	8.40	8.50
Paraguay	3,835.90	236.81	6.17*	7.00	2,242.95	0.90	545.15	334.65	8.72	9.57
Peru	18,365.03	786.26	4.28	4.53	5,407.21	0.50	425.57	1,489.48	8.11	8.50
Puerto Rico	2,552.28	393.48	15.42	12.98	•	16.80	•	235.71	9.24	8.48
Uruguay	2,266.86	143.81	6.34*	5.58	1,003.65	8.30	1,358.01	207.29	9.14	8.48
Venezuela (Bolivarian Republic of)	18,646.42	1,232.04	6.61	6.96	9,965.58	0.10	808.07	1,537.79	8.25	8.49

* Estimate of diabetes prevalence based on extrapolation from similar countries