

## **Rules and Regs for Flying with Diabetes**

**This information was supplied to ADA from the FAA regarding people with diabetes flying within the 50 United States:**

- ✍✍ Passengers may board with syringes or insulin delivery systems if accompanied by the insulin in its original pharmaceutically labeled box. No exceptions will be made.
- ✍✍ Passengers who test glucose but do not require insulin may board with their capped lancets if accompanied by a glucose meter that has the manufacturer's name embossed on the meter.
- ✍✍ Passengers can carry on a glucagon kit intact in its original preprinted pharmaceutically labeled container.

### **Prescriptions and letters of medical necessity will not be accepted.**

- ✍✍ Passengers should call the airline carrier at least one day in advance of a scheduled flight to con-firm what that airline's policy is with regard to diabetes medication and supplies. Be advised that each air-line's policy is subject to change.
- ✍✍ Passengers with disabilities should expect nondiscriminatory treatment as required by the Air Carrier Access Act (ACAA). A passenger encountering any diabetes-related difficulty because of security measures should ask to speak with a Complaints Resolution Official (CRO) for the airline. Each airline must provide a CRO who is entitled to act on behalf of the airline in ACAA cases.